

Flake'n'Strawberry



Ingredients

4-5	Button Mushrooms
1 Piece	Flake
1	Lemon or Lime
	Oil
	Salt & Pepper to taste
1 Bunch	Spring Onions
1 Punnet	Strawberries

Preparation

Wash the Strawberries, cut into halves and put aside. Wash the Spring Onions, clean the Mushrooms with a paper towel and gently wash the Flake. Lightly fry the Spring Onions, Mushrooms and Flake, around 3-4 minutes.

Serve onto a plate with the Strawberries on top. Add the Salt & Pepper and squeeze the Lemon/Lime juice to suit your taste.

Enjoy while still warm.